

## 8 Days Short Manaslu Circuit Trek

### Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Trip Style:** Lodge to Lodge Trek

**Transport:** Private Vehicle / Tourist Bus

**Food:** Breakfast + Lunch + Dinner

**Accommodation:** Hotel + Teahouses + Lodges

**Group Size:** 2-20 PAX

**Max Elevation:** 5,106 meters (16,752 ft)



Manaslu Circuit Trek is an exhilarating trekking adventure in the Himalayas that takes you on a circumnavigating journey to the magnificent base region of the eighth-highest peak in the



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world, **Mt. Manaslu [8,163 meters/ 26,781 feet]**. 8 Days Manaslu Circuit Trek is a shorter version of that iconic Himalayan adventure designed especially for the trekking enthusiast with a short time on hand.

Despite its short nature, this classical trekking adventure doesn't miss out on any experience when it comes to this remarkable exploration of the west-central prospects of the Himalayas. Trekking close to the Tibetan border in this exciting trekking experience, you will traverse across the restricted areas of both [Manaslu Conservation Area](https://dnpwc.gov.np/en/conservation-area-detail/63/) (<https://dnpwc.gov.np/en/conservation-area-detail/63/>) and [Annapurna Conservation Area](https://dnpwc.gov.np/en/conservation-area-detail/68/) (<https://dnpwc.gov.np/en/conservation-area-detail/68/>).

Manaslu Circuit is popular for its unspoiled natural beauty and tranquil trekking route away from the mainstream crowd. So, if you are looking for an adventure to relish the true Himalayan ambiance, this is just the right package for you. Besides the astonishing natural allurements, this high Himalayan trek also introduces you to the charming **Gurung, Magar, and Sherpa settlements** influenced by the Buddhist culture.

## **Best Season for Short Manaslu Circuit Trek**



For the most incredible experience during your Himalayan exploration, you should always go for the month with stable weather and clear visibility. Even though you can do the Short Manaslu Trek almost every season throughout the year, for the ultimate experience, the **Spring and Autumn seasons are the top contenders.**

Autumn season welcomes the mild temperatures, beautiful shades of the fall season, a



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festive vibe, and the most incredible views of the Himalayan vistas. Considered the number one season for the Himalayan trekking adventure, **autumn is an all-time favorite** for experienced trekkers who want to enjoy the true tranquility of the Himalayas. You will also steer away from the crowd of the peak spring season during your adventure in autumn.

As for the spring, this amazing season has a naturally enthralling trail that reflects the true magnificence of nature at its pinnacle. If you are into birdlife and wildlife exploration, spring is the season that brings out the best in the rich biodiversity of the Manaslu Conservation Area. Moreover, the breathtaking views of the pristine sparkling peaks across the blooming lush trail and birds chirping the tunes of adventure will make you feel like you have entered an enchanted land.

#### **Read this next:**

- [Manaslu and Tsum Valley Trek \(https://www.marveladventure.com/manaslu-and-tsum-valley-trek\)](https://www.marveladventure.com/manaslu-and-tsum-valley-trek)
- [10 Days Manaslu Trek \(https://www.marveladventure.com/blog/10-days-manaslu-trek\)](https://www.marveladventure.com/blog/10-days-manaslu-trek)
- [12 Days Manaslu Trek Itinerary \(https://www.marveladventure.com/blog/12-days-manaslu-trek\)](https://www.marveladventure.com/blog/12-days-manaslu-trek)

## **Highlights**

- Traversing across the charming foothills of Mt. Manaslu (8,163 meters)
- Exploring the protected areas of both Manaslu and Annapurna region
- One of the challenging and charming high Himalayan passes, Larkya La Pass (5,213 meters)
- The rich biodiversity of flora and fauna of Manaslu and Annapurna Conservation Areas
- The spiritual trail across monasteries, mani walls, Chortens, and praying flags
- Spectacular views of the Himalayan gems like Manaslu, Annapurna II, Lamjung Himal,



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Cheo Himal, Kang Guru, Himlung and Ganesh Himal

- Serene and peaceful trail farther from the mainstream trekking crowd
- Passing through the charming high Himalayan settlements, experiencing their unique culture, lifestyle, and hospitality

## Day to Day Itinerary

**Day 01: Drive from Kathmandu [1,400 meters] to Jagat [1,340 meters]**

**Day 02: Trek from Jagat to Deng [2,130 meters]**

**Day 03: Trek from Deng to Namrung [2,630 meters]**

**Day 04: Trek from Namrung to Samagaon [3,500 meters]**

**Day 05: Trek from Samagaun to Dharmasala [4,480 meters]**

**Day 06: Trek to Bhimthang [3,720 meters] via Larkya La Pass [5,106 meters]**

**Day 07: Trek from Bhimthang to Dharapani [1,960 meters]**

**Day 08: Drive from Dharapani to Kathmandu [1,400 meters] or Pokhara [823 meters]**

## Cost Includes

- Airport pick-up and drop by private vehicle
- Standard meals (breakfast, lunch, and dinner) during the trek
- Government license holder guide
- Strong and helpful porter with proper equipment (1 porter for 2 people)
- Salary, food, accommodation, and insurance for guides and porters
- Tea house/lodge accommodation during the trek
- Fresh fruits every night after dinner
- All land transportation as per itinerary
- TIMS (Trekking Information Management System) card



- ACAP and MCAP entry permits
- Special restricted area Manaslu permit
- Comprehensive first aid kit with oximeter to measure your oxygen level daily
- All government taxes and official expenses
- Duffel bag, sleeping bag, down jacket, and walking poles for the trek

## **Cost Excludes**

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of a personal nature
- Any kind of drinks and desserts during the trek
- Tips to guide and porter (Tipping is expected)