

# Langtang Gosaikunda Trek

## Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Transport:** Private Vehicle / Bus

**Food:** Breakfast + Lunch + Dinner

**Accommodation:** Lodge to lodge



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is a mesmerizing trek in the Langtang region to the north of Kathmandu valley, which combines two different magnificent settings - [Langtang Valley](https://www.marveladventure.com/langtang-valley-trek) (<https://www.marveladventure.com/langtang-valley-trek>) and Gosaikunda Lake. This trek presents an exquisite opportunity to enjoy the ethnic hospitality, eye-catching Himalayan panoramas and the glacial Lakes along with the diversity of flora and fauna.

Langtang Gosaikunda Trek begins from Syabrubesi. Following the Langtang River, you head to Lama Hotel and gradually to the Langtang valley through the beautiful rhododendron forest. Langtang valley has been described as the most beautiful valley by the famous British climber and explorer, Bill Tillman.

Although it was harmed to some extent during the earthquake in 2015, tourism has been revived again with the same striking mountain views and ethnic hospitality of the [Langtang region](https://www.marveladventure.com/langtang-trekking) (<https://www.marveladventure.com/langtang-trekking>). On the way you can see various floras and faunas as this region is immensely rich in bio-diversity.

Langtang Gosaikunda Trek also offers some of the culturally important sites as Kyanjin Gumpa, chhortens and the Buddhist prayer flags. Retracing to Lama Hotel, trek to Gosaikunda begins via Thulo Syabru and Lauribinayak. The magnificent vantage point of Lauribinayak provides splendid sunrise and sunset views of Langtang and Ganesh Himal.

The sacred **Gosaikunda Lake** is a pilgrimage destination for both Hindu and Buddhist devotees. The lake is located at 4380 meters, so acclimatization is required for the Langtang Gosaikunda trekking. Retracing all the way to Dhunche, the trek ends and drive further to Kathmandu.

**You may also like to read:** [Tamang Heritage Trek](https://www.marveladventure.com/tamang-heritage-trek) (<https://www.marveladventure.com/tamang-heritage-trek>)



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**Marvel Adventure** (<https://www.marveladventure.com/>) organizes Langtang Gosaikunda trekking with the experienced guides and all the necessary arrangements. Either nature or cultural charmings, we are committed to make your trek truly amazing. Feel free to [contact us](https://www.marveladventure.com/contact-us) (<https://www.marveladventure.com/contact-us>) for more details regarding this trek.

## Highlights

- Sightseeing of historical sites in Kathmandu
- Exploring Langtang, the valley of Glaciers
- Visiting Kyanjin Gompa, the ancient Buddhist monastery
- Panoramic views of Mt. Langtang, Lang Sisa and Ganesh Himal
- Exploring the holy Gosainkunda Lake

## Day to Day Itinerary

**Day 01: Drive to Syabrubesi (1420m)**

**Day 02: Syabrubesi to Lama Hotel (2340m)**

**Day 03: Lama Hotel to Langtang village (3480m)**

**Day 04: Langtang village to Kyanjing Gompa (3870m)**

**Day 05: Rest day at Kyanjin Gompa**

**Day 06: Kyanjin Gompa to Lama Hotel (2340m)**

**Day 07: Lama Hotel to Thulo Syabru Village (1900m)**

**Day 08: Thulo Syabru to Sing Gompa (3330m)**

**Day 09: Sing Gompa to Gosaikunda Lake (4380m)**

**Day 10: Gosaikunda to Dhunche**

**Day 11: Drive back to Kathmandu**

## **Cost Includes**

- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Strong and helpful porter with proper equipments (1 porter for 2 people)
- Salary, food, accommodation and insurance for guide and porters
- Tea house/lodge accommodation during the trek
- All land transportation.
- TIMS (Trekking information Management System) card
- Langtang National Park entry permit
- Comprehensive first aid kit
- All government taxes and official expenses

## **Cost Excludes**

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- Lunch and dinner whilst in Kathmandu
- Entrance fee in the heritage sites during city tour.
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide and porter (Tipping is expected)