

# Kailash Mansarovar Tour Via Lhasa

#### **Facts**

**Destination:** Tibet

Trip Difficulty: Strenuous

Trip Style: Trekking and Tour

Transport: Private Vehicle / Tourist Bus

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Teahouses + Lodges

Group Size: 2-20 PAX

Max Elevation: 5620 m





Kailash Mansarovar tour is a popular religious trip done among people following Hinduism, Buddhism, Jainism, and Bon religions. People consider this tour a very sacred activity. Kailash Mansarovar primarily includes **encircling the holy mountain of Kailash in Tibet.** People also swim in Mansarovar Lake (4590 m), which is considered holy. It is believed a bath in the lake washes away one's sins.

We at Marvel Adventures (https://www.marveladventure.com/contact-us) have an awesome



package including these activities. It is the **Kailash Mansarovar Tour Via Lhasa**. It includes an **11-day long tour** around Tibet, including the Kailash Mansarovar, and an excursion to cities like Lhasa.

The tour will kick off from Lhasa as we fly to the city from <a href="Kathmandu">Kathmandu</a>
<a href="Kathmandu">(https://www.marveladventure.com/kathmandu-day-tour)</a>
. Then you will tour around many cities of Tibets. You will tour through <a href="Lhasa-Shigaste-Saga">Lhasa-Shigaste-Saga</a>
and reach one of the major destinations of Lake Manasarovar. After your rituals at Manasarovar, we head to Darchen for the Kailash Parikrama. The route now goes from <a href="Darchen-Deraphuk">Darchen-Deraphuk</a>
- Dolamala - <a href="Datumandu">Zutulphuk</a>
. Then we return back to Darchen and head to Kerong via Sanga. We will then end our tour by returning to Kathmandu from Kerong.

The Kailash Mansarovar tour is a unique experience. It is a very precious opportunity for religious people and gives a chance for **spiritual awakening and self-reflection.** Our package will allow you to do so, along with some fun stops throughout Tibet. It will be a great opportunity to learn **Tibetan culture and tradition**. You will pass through various monasteries, holy sites, and museums throughout the trip. This will be spiritual, educational, and even recreational. Stick with us (https://www.marveladventure.com/about-us) to learn more about this amazing package!

# Why do the Kailash Mansarovar Tour via Lhasa?

# A religious/spiritual experience

People consider the Kailash Mansarovar a very **sacred and spiritual experience**. Religions like Hinduism, Buddhism, Jainism, and Bon consider this excursion very significant. This site is considered one of the **most revered pilgrimage sites** in the world. Thousands of pilgrims of various religions do the Kailash Mansarovar. They expect spiritual enlightenment by



performing rituals and offerings.

We can also understand the religious and spiritual significance by looking at various places we visit during this tour. We visit various **ancient monasteries** during this tour. These monasteries housed throughout Tibet and in the vicinity of Kailash Mansarovar are revered in both Buddhism and Bon. They have **unique architecture with ancient artifacts** and intricate murals.

The most obvious places that carry the most cultural and religious significance would be Mount Kailash and Mansarovar Lake themselves. Mount Kailash is revered due to the ancient tale about it being Lord Shiva's home in Hinduism. Hindus hence have sacred rituals that they perform while paying a visit here. They believe in the attainment of salvation if they complete a Parikrama or circumambulation around the peak. Mansarovar Lake has a similar significance. Hindus believe taking a dip in the water will provide enlightenment and cleansing of all their sins.

#### A chance to visit various Tibetan cities

Tibet houses a large range of incredibly beautiful cities. We will visit the capital of Tibet, **Lhasa**. It houses the beautiful **Potala Palace**, enlisted by **UNESCO world heritage**(https://www.marveladventure.com/blog/nepal-s-unesco-world-heritage-sites). We also visit Shigatse, famous for the **Tashilhunpo Monastery**. We also visit the town of Sagar, which lies on the banks of the Yarlung Tsangpo River. It has very beautiful landscapes.

Another place you visit is the village called **Darchen** which lies on the foothills of Kailash. You also visit Deraphuk, another village in the vicinity of Kaialsh with mesmerizing views. Dolamala will be another stop on the tour which is housed on the shores of Lake Mansarovar. You will also visit the hamlet of Zutulphuk, which lies on the route of the Kailash Parikrama. The place is popular among pilgrims. After Zutulphuk, you will also visit **Kerong** 



which is a town bordering Tibet and Nepal. It is popular for its stunning natural beauty. The town lies in the vicinity of <u>Lantang National Park (https://dnpwc.gov.np/en/conservation-areadetail/76/)</u> and has visible views of the Lantang Mountain range.

This tour allows you to experience these unique Tibetan cities, and it will be one hell of an experience.

#### Get closer to Tibetan culture and tradition

The Tibetan culture and tradition are **ancient and very rich.** Tibet has significant dominance of the Tibetan sect of Buddhism, and people have lifestyles based on its ideals. Their lifestyle and traditions are more **focused on practices of mindfulness and meditation**. There is a **deep-rooted respect for the natural world** as well. Their art includes thangka painting, murals, intricate mandalas, poetry, oral folktales, etc. **Cultural and identity preservation** is a core value among Tibetans. You can study and experience these firsthand during your Kailash Mansarovar Tour Via Lhasa.

#### See also:

- Buddhist Pilgrimage Tour (https://www.marveladventure.com/buddhist-pilgrimage-tour)
- Jomsom Muktinath Trek (https://www.marveladventure.com/jomsom-muktinath-trek)
- Tours in Nepal (https://www.marveladventure.com/tours-in-nepal)

### Amenities in the tour

#### **Food**

We will cover all your meals for the Kailash Mansarovar Tour via Lhasa. The meals will be good enough to fulfill you well enough for your travels and treks. We will have **flexibility with your meal** 



options too. You can **choose vegetarian or non-vegetarian meals** based on your preference. However, if you have a special diet requirement, let us know prior so we can cover it for you.

#### **Accommodation**

During your tour, you will be staying in **comfortable hotels or lodges**. There will be comparatively more luxurious hotels in the cities. During your Kailash Parikrama, however, you have to stay in **local lodges or tea houses**. Either way, the overnight stay places will be very comfortable and cozy.

# **Transportation**

Your modes of travel during this tour vary based on your itinerary. **Flight, by road, and treks** are the three modes of traveling you will be using in this tour. For long-distance travel, like from Kathmandu to Lhasa, we will take a flight. During our tours to Tibetan cities, we will use a **private vehicle for travel.** Then you will be **trekking** for your rituals of Kailash Parikrama.

## Best time for Kailash Mansaravor via Lhasa

People consider **spring to early summer and mid-autumn** as the best time to do the Kailash Mansarovar. The months of **April, May, June, and mid-September to early October**. During these times of the year, there is no rainfall and heavy snowfall. Hence, traveling becomes more convenient. Your Kailash Parikrama and Mansarovar rituals can be performed more conveniently as well.

These seasons are also appropriate for your tour aesthetic-wise. Grim, cloudy, or frigid weather makes the environment feel way less pleasant. During spring and early summer, the nature becomes more vibrant. The lakes you visit will seem more voluminous and clear. You



can find active grazing of cattle, and the wildlife will be so much more pleasant. The weather also becomes more predictable, and the temperature is moderate. The daytime will receive ample sunlight, and the night will be breezy. **Autumn** also brings in similar conditions.

This time also brings a very temperature climate and stable weather. The days will be sunny and clear, and the night will be breezy. The same conditions also apply during mid-autumn. During autumn, Kailash presents a magnificent appearance with its majestic form accentuated by the golden color of the leaves. The temperature is cool but not uncomfortably cold, making it an ideal season for extended travel and trekking adventures.

# Permits needed for the Kailash Mansarovar Tour Via Lhasa

# **Permits for Hindu pilgrims**

There are special types of permits granted to Hindu pilgrims doing the Mansarovar tour. Pilgrims, specifically Nepali or Indian nationals, need a **Chinese visa** and a **travel permit for Tibet.** A Chinese visa is essential to enter the territory of China. On the other hand, a **Tibet travel permit** is necessary as the remote trails of Kailash are a protected area. As myriad of devotees travel to Tibet for Kailash Mansarovar, the government of Tibet has made it simpler for them to obtain these permits.

The permit and visa are granted to a group rather than a single person. This group visa is applicable strictly for Kailash Mansarovar Yatra. You also need to carry your passport during your travel.

## **Permits to foreigners**



The permit requirement for foreigners, however, is a little different. Additional documents are required for non-native tourists. These include a **Chinese visa**, a **Tibet travel permit**, an **Aline's Travel Permit**, **Military Area Entry Permit**, and **Foreign Affairs Permit**.

# **Highlights**

- Visit the popular palace of Potala, Jokhang temple, and Barkhor Street in Lhasa.
- Get a chance to visit the Tashilhunpo monastery, which is the seat of Panchen Lama in Shigatse.
- Observe the beautiful freshwater lake of Yamdrok which is surrounded by snowcovered mountains nearby Lhasa.
- Spend a whole day exploring many Buddhist exploration sites in the historical city of Lhasa.
- Explore the home of ancient monasteries and Milarepa's holy cave at Zutulphuk.
- Have a spiritual experience by bathing in the freshwater of Mansarovar Lake.
- Tour the Kailash mountain and fulfill your religious rituals and experience immense peace.
- Travel to Tibet through a flight from Kathmandu and get back through a relaxing road trip via Kerong.

## Day to Day Itinerary

Day 01: Fly from Kathmandu to Lhasa

Day 02: In Lhasa: Full-Day Sightseeing Tour In Lhasa/ Acclimatization Day

Day 03: Drive from Lhasa to Shigatse

Day 04: Drive from Shigatse to Saga

Day 05: Drive from Saga to Lake Manasarovar



Day 06: Drive from Lake Manasarover to Darchen

Day 07: Travel from Darchen to Derapuk

Day 08: Hike from Deraphuk to Dolma La Pass to Zutulpuk

Day 09: Trek from Zutulphuk to Darchen and drive to Saga

Day 10: Drive from Saga to Kerong

Day 11: Drive from Kerong to Kathmandu