

Jomsom Muktinath Trek

Facts

Destination: Nepal Trip Difficulty: Moderate Trip Style: Trekking and Tour Transport: Aeroplane / Tourist Bus Food: Breakfast + Lunch + Dinner Accommodation: Hotel + Teahouses + Lodges Max Elevation: 3710m Group Size: Min 2 pax

Jomsom Muktinath Trek is an exciting and acknowledged trek in the <u>Annapurna region</u> (https://www.marveladventure.com/annapurna-trekking) to the north-central part of Nepal. This awe-inspiring trek is a classic sampler of Himalayan vista, marvelous landscapes and religious heritage. The diverse backdrops and cultures found along this trekking route provide the ideal insight into the rural life of Nepalese people. Well-favored from the natural and cultural point of view, this trek is suitable for someone with moderate level of fitness, craving a low-altitude hike in Nepal within a short period of time.

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This trip starts with a scenic drive to Pokhara, where the serenity of lakes and the majesty of the Himalayas rising behind them create an ambiance of peace and magic. The peaceful night in Pokhara is followed by an early morning flight to Jomsom which takes around 30 minutes. Jomsom, located at an altitude of around 2700m is the administrative centre of Mustang district. The trek actually begins from here on as you head towards Kagbeni through the banks of **Kali Gandaki River**, the deepest gorge in the world. **Kagbeni** in fact is a beautiful Tibetan model village often admired for its hospitality, holy caves and ancient monasteries; most notably *The Red Monastery* from 14th century.

Continuing the trail through plateaus and diverse landscapes takes you to Muktinath, the major attraction of the trek. **Muktinath** is a famous pilgrimage site which carries a massive significance for both Hindus and Buddhists. It is a great instance to our world of a holy place shared in harmony by devotees of two world religions. As per the Buddhist mythology, Muktinath is a sacred place where Guru Ripoche had meditated on his journey to Tibet. Muktinath, the ancient temple of Lord Vishnu literally means the **Land of Salvation**. Thus, bathing through the holy 108 spouts situated in the courtyard of temple is believed to purify your heart and soul.

As we trace back all the way down to Jomsom, the trail offers <u>spectacular mountain views of</u> <u>Annapurna (https://www.marveladventure.com/annapurna-panorama-trek)</u>, Dhaulagiri and Nilgiri ranges. You can also witness various floras and faunas during the trekking route since this region is extremely rich in bio-diversity. This Jomsom Muktinath Trek is suitable for those who want to explore the diversity of the Annapurna region in a short span of time without doing the full <u>Annapurna Circuit Trek (https://www.marveladventure.com/annapurna-circuittrek)</u>. <u>Marvel Adventure (https://www.marveladventure.com/)</u> conducts this trek with all the necessary arrangements and commitment to make your time in Nepal immensely memorable.



Highlights

- Exploring Pokhara, the City of Lakes
- Scenic flight from Pokhara to Jomsom
- Spectacular mountain view of Annapurna and Dhaulagiri ranges
- Exploring Kali Gandaki, the deepest gorge in the world
- Experiencing diverse culture and landscapes
- Visiting the sacred temple of Muktinath

Day to Day Itinerary

- Day 01: Drive to Pokhara
- Day 02: Fly to Jomsom and Trek to Kagbeni
- Day 03: Trek to Muktinath from Kagbeni
- Day 04: Trek back to Jomsom
- Day 05: Flight to Pokhara and Exploration
- Day 06: Drive back to Kathmandu

Cost Includes

- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Strong and helpful porter with proper equipments (1 porter for 2 people)
- Salary,food,accommodation and insurance for guide and porters
- Tea house/lodge accommodation during the trek
- Flight to and from Pokhara Jomsom



- All land transportation
- TIMS (Trekking Information Management System) card
- Annapurna Conservation Area Project (ACAP) entry permit
- Two nights standard Hotel in Pokhara
- Comprehensive first aid kit
- Government taxes and official expenses

Cost Excludes

- International Airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- Lunch and dinner whilst in Kathmandu
- Entrance fee in the heritage sites during city tour.
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide and porter (Tipping is expected)