



# Everest Panorama Trek

## Facts

**Destination:** Nepal

**Trip Difficulty:** Moderate

**Transport:** Private Vehicle / Aeroplane

**Food:** Breakfast + Lunch + Dinner

**Accommodation:** Hotel + Teahouses + Lodges

**Max Elevation:** 3860m



Everest Panorama Trek is one of the short yet remarkable trekking adventures on the iconic trails of the [Everest Base Camp Trek \(https://www.marveladventure.com/everest-base-camp-trek\)](https://www.marveladventure.com/everest-base-camp-trek)

---



---

. As its name suggests, this classical trekking adventure in the Everest region offers you the opportunity to relish the true ambiance of the Himalayas and, of course, soak in the beauty of the boundless Himalayan panorama.

Marvel Adventure has designed this unique itinerary package for trekkers who have limited time on hand and can't push all the way to the foothills of the highest snow-capped figurine in the world, **Mt. Everest [ 8,848 meters/ 29,32 feet]**. This exciting trekking package takes you across the scenic trekking trails of the most popular Himalayan adventure. You will get the opportunity to explore fascinating highlights of this mainstream region, like its incredible natural scenery, rich Himalayan biodiversity, religious landmarks, and certainly the authentic Sherpa settlements engraved with a rich history.

Even among the other Himalayan trekking adventures, this Everest Panorama View Trek stands out as the most ideal package for a mild Himalayan trekking experience. So, whether you are looking for a family trip filled with Himalayan wonders or an easy grade and short adventure that doesn't lack remarkable grandeur, it's hard to find a more befitting trekking package than this.

## **Best Time for Everest Panorama Trek**





The Everest Panorama Trek is a year-round trekking adventure. As this is a mild form of exploration to experience the magnificence of the Everest region, it can be done throughout the year. However, for the best value experience, we recommend the peak seasons, spring and autumn.

During these peak seasons, the beauty of the region is at its peaks, and they also provide more exploration prospects under pleasant climatic conditions. You will also have more cultural encounters during these peak months, which certainly will add value to your experience.

The temperature in the lower Everest regions averages between **12°C to 17°C** during the autumn season. On the other hand, spring accommodates you with slightly warmer temperatures than the autumn season; the daytime temperature in this season ranges between **17°C to 25°C**.

If you plan to do this trek during the off seasons like winter and monsoon, you need to pack proper layers and helpful equipment to overcome the challenging weather conditions.

## Highlights

- Thrilling flight to Lukla enjoying the epic mountain panorama
- Traversing across Sagarmatha National Park (1976) and exploring its rich biodiversity
- Magnificent views of the Himalayan massifs like Everest, Lhotse, Nuptse, Kusum Kanguru, Ama Dablama, Thamserku, and other adjacent peaks
- Largest village of Khumbu Valley, Khumjung Village
- Tengboche Monastery, the largest monastery in the entire valley
- Namche Bazaar, the vibrant Sherpa capital, and ancient popular trading route
- Authentic Sherpa villages, opportunity to explore their fascinating culture, traditions,

and experience warm hospitality

## Day to Day Itinerary

**Day 01: Flight from Kathmandu [1,400 meters/ 4,593 feet] to Lukla [2,800 meters/ 9,186 feet] and trek to Phakding [2,610 meters/ 8,562 feet]**

**Day 02: Phakding to Namche Bazaar [3,440 meters/ 11,286 feet] trekking**

**Day 03: Namche Bazaar to Thame [3,800 meters/ 12,467 feet]**

**Day 04: Trekking from Thame to Khumjung [3,750 meters/ 12,303 feet] via Everest Hotel View [3,962 meters/ 13,000 feet]**

**Day 05: Khumjung to Tengboche [3,860 meters/ 12,664 feet] trek**

**Day 06: Trekking back to Namche [3,440 meters/ 11,286 feet] from Tengboche**

**Day 07: Namche Bazaar to Lukla [2,800 meters/ 9,186 feet]**

**Day 08: Flight back from Lukla to Kathmandu [1,400 meters/ 4,593 feet]**

## Cost Includes

- Airport pick up and drop by private vehicle
- All Domestic flights and airport tax as listed in the itinerary
- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Strong and helpful porter with proper equipment (1 porter for 2 people)
- Salary, food, accommodation and insurance for guide and porters
- Tea house/lodge accommodation during the trek
- TIMS (Trekking Information Management System) card
- Sagarmatha National Park entry permit
- Comprehensive first aid kit with oximeter

- Government taxes and official expenses

## **Cost Excludes**

- International Airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide and porter (Tipping is expected)