

Everest Base Camp Trek with Island Peak

Facts

Destination: Nepal

Trip Difficulty: Technical Challenging

Transport: Private Vehicle / Aeroplane

Food: Breakfast + Lunch + Dinner

Accommodation: Lodge + Camping

Min Person: Minimum 2 person

Max Elevation: 6189m

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Climbing the pristine foothills of the Himalayas is every avid trekker's dream. The famous **Everest Base Camp** trek is widely considered the best in the world. Add the stunning Island peak climbing to it, and the trek becomes even more special.

This Everest Base Camp Trek with Island Peak package from 'Marvel Adventure' is perfect for all trekking enthusiasts. The added adventure of Island Peak climbing makes the trek



challenging with more exploration opportunities.

The trek starts with the most scenic and thrilling flight from Kathmandu to Tenzing Hilary airport (Lukla). Thereafter, the trek continues passing through the Dudh Koshi river and the Hillary suspension bridge. Namche Bazar is a well-known tourist hub in Everest region where you will get the most beautiful night view. Finally, you will reach Everest base camp. The Kala Patthar is the viewpoint for observing the most beautiful view of Mount Everest, Nuptse, Amadablam and other surrounding mountains of the Everest Region.

Then, you will descend to Chukkung to Island peak base camp for the summit. From Island peak, you will trek down to Namche and then to Lukla to catch the flight to Kathamandu.

The northeastern Everest region is filled with unique natural landscapes. The scenic trails allow you to observe the majestic Himalayas while trekking and from various viewpoints. The fantastic trek will cross forests, suspension bridges, waterfalls, rivers, glaciers, and other landmarks.

Wildlife species observable during the trek include **Himalayan Tahrs**, snow leopards, Danfe, etc. They are unique to the region and are most endangered. Spring and Autumn are when they remain most active. It is also the best time for the trek as it comes with clear weather and favorable trekking conditions.

Moreover, the Everest region is a cultural delight as you can find numerous small **Sherpa settlements** along the trail. Besides, Bhotia, Tamang, and other ethnic communities with separate languages also reside in the region. You can go on a complete cultural exploration and experience their rural lifestyle. A guide will accompany you to translate and give you some local insights.

The tour's main attraction is undoubtedly climbing the summit of Island peak. Since this



gorgeous mountain looks like an Island covered in snow, it is popularly known as an Island peak while the locals call it "Imja Tse." It is a good practice ground for Mt. Everest and other significant expeditions in the region. Anyone with basic fitness levels can arrive at the top of this trekking peak.

This spectacular journey of Everest Base Camp Trek with Island Peak is an enchanting experience. We at Marvel Adventure offer you this incredible Himalayan trek package at a reasonable price. Book with us and have a trip of a lifetime. Happy Adventure!

Highlights

- Breathtaking filght to Lukla
- Acquaintance of Sherpa culture and traditions
- Exploring Tengboche Monastey
- Exhilarating view of Mt. Everest from top of Kalapatthar
- Summit of Island Peak
- 360° mountain views from top of Island peak

Day to Day Itinerary

Day 01: Fly to Tenzing Hillary Airport at Lukla (2800m) and Trek to Phakding (2610m)

Day 02: Trek to Namche (3440m)

Day 03: Acclimatization Day at Namche

Day 04: Trek to Tengboche (3874m)

Day 05: Trek to Dingboche (4400m)

Day 06: Acclimatization Day at Dingboche

Day 07: Trek to Lobuche (4940m)

Day 08: Trek to Gorakshep (5180) and Everest Base Camp (5364m)

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Day 09: Trek to Kalapatthar (5400m) and Back to Dingboche

Day 10: Trek to Chukkung (4760m)

Day 11: Trek to Island Peak Base Camp (5100m)

Day 12: Summit Island Peak (6189m) and Trek Down to Chukkung

Day 13: Trek Back to Tengboche (3860m)

Day 14: Trek to Namche

Day 15: Trek to Lukla

Day 16: Early Flight to Kathmandu

Cost Includes

- All Domestic flights and airport tax as listed in the itinerary
- Standard meals (breakfast, lunch and dinner) during the trek
- TIMS (Trekking Information Management System) card
- Sagarmatha National Park entry permit
- Peak climbing permit
- Professional mountain guide
- Stong and helpful porter with proper equipments (1 porter for 2 people)
- Salary,food,accommodation and insurance for guide and porters
- Tea house/lodge accommodation during the trek
- One night tent accommodation in Island Base Camp with hygienic meals.
- Necessary peak climbing equipment arrangement
- Comprehensive first aid kit
- Government taxes and official expenses

Cost Excludes

International Airfare and taxes

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- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- Lunch and dinner whilst in Kathmandu
- Entrance fee in the heritage sites during city tour.
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide and porter (Tipping is expected)