

Everest Base Camp Chola Pass Gokyo Trek

Facts

Destination: Nepal

Trip Difficulty: Very Strenuous

Food: Breakfast + Lunch + Dinner

Accommodation: Lodge to lodge

Max Elevation: 5550M

Group Size: Min 2 pax





is an adventurous trek in the Khumbu region. [Everest Base Camp](https://www.marveladventure.com/everest-base-camp-trek) (<https://www.marveladventure.com/everest-base-camp-trek>) and [Gokyo valley](https://www.marveladventure.com/gokyo-valley-trek) (<https://www.marveladventure.com/gokyo-valley-trek>) are the destinations of this trek via technical Cho La Pass.

Beginning the trek from the classical Everest trekking route from Lukla, it offers a unique experience walking through the moderate trail with the beautiful sceneries all around.

The trek begins after the flight of about 30 minutes from Kathmandu to Lukla. Furthermore, exploring the Sherpa culture and heritages, you trek all the way to [Everest Base Camp](https://www.marveladventure.com/salleri-to-everest-base-camp-trek) (<https://www.marveladventure.com/salleri-to-everest-base-camp-trek>) via Namche Bazar, Pangboche, Tengboche and Dingboche.

The breathtaking views of Mt. Everest, Lhotse, Ama Dablam and several other snow-capped peaks from the top of Kalapatthar is something you will relish the most during the trek.

The adventurous trek does not stop there yet as you make ascent to Gokyo via Cho La Pass. Chola Pass (5420m) is a technical section which remains snowy most of the time. The wonder of the snow covered peaks of the [Everest region](https://www.marveladventure.com/everest-trekking) (<https://www.marveladventure.com/everest-trekking>) are just spectacular.

After your trek to Gokyo valley, you head to explore the awesome Himalayan beauties from Gokyo Ri, aka Gokyo Peak at 5357m. Along with the Himalayan panoramas, the view of **Ngozumba glacier**, *the largest glacier in Nepal* and Gokyo five lakes amaze you. Then you trek down all the way to Lukla via Machhermo and Dole.

You may also like to read:

- [Everest Three High Passes Trek](https://www.marveladventure.com/everest-three-high-passes-trek) (<https://www.marveladventure.com/everest-three-high-passes-trek>)



- [Gokyo Renjo La Pass Trek \(https://www.marveladventure.com/gokyo-renjo-la-pass-trek\)](https://www.marveladventure.com/gokyo-renjo-la-pass-trek)

[Marvel Adventure \(https://www.marveladventure.com/\)](https://www.marveladventure.com/) offers Everest Base Camp - Cho La Pass trek with experienced Everest guides and all the necessary arrangements. We welcome you to explore this truly amazing destination with us and experience an adventure of a lifetime.



Highlights

- A scenic flight from Kathmandu to Lukla
- Following the footsteps of Tenzing and Hillary to Everest

- An insight into the local culture and traditions
- Exploration of Buddhist monasteries
- Majestic view of mountains from Kalapatthar and Gokyo Peak
- Explore Gokyo Lakes and Ngozumpa Glacier

Day to Day Itinerary

Day 01: Fly to Tenzing Hillary Airport at Lukla (2800m) and Trek to Phakding (2610m)

Day 02: Trek to Namche Bazaar (3440m)

Day 03: Acclimatization in Namche Bazaar

Day 04: Trek to Tengboche (3870m)

Day 05: Trek to Dingboche (4400m)

Day 06: Acclimatization day in Dingboche

Day 07: Trek to Lobuche (4930m)

Day 08: Trek to Gorakshep (5180m) and Everest Base Camp (5364m)

Day 09: Hike to Kalapatthar (5545m) and Trek to Zongla (4800m)

Day 10: Trek to Dragnak (4700m) via Cho La Pass (5420m)

Day 11: Trek to Gokyo (4800m)

Day 12: Hike to Gokyo Peak (5420m) and trek down to Dole (4200m)

Day 13: Trek back to Namche Bazaar

Day 14: Trek back to Lukla.

Day 15: Early flight back to Kathmandu

Cost Includes

- Airport pick-up and drop service
- All Domestic flights and airport tax as listed in the itinerary



- Standard meals (breakfast, lunch and dinner) during the trek
- Professional and friendly guide
- A strong and helpful porter with proper equipment (1 porter for 2 people)
- Salary, food, accommodation and insurance for guide and porters
- Tea house/lodge accommodation during the trek
- Pasang Lamhu Rural Municipality Permit
- Sagarmatha National Park entry permit
- Comprehensive first aid kit with oximeter
- Government and local taxes

Cost Excludes

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips to guide and porter (Tipping is expected)