

Dhampus Sarangkot Trek with Paragliding

Facts

Destination: Nepal

Trip Difficulty: Easy

Transport: Private Vehicle / Tourist Bus

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Teahouses + Lodges



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is a short and easy hiking trip around Pokhara valley. Dhampus and Sarangkot are two separate places with each having their own peculiar feature. The trek basically comprises of short hikes along the beautiful village trails and is ideal for those who want to trek in lower altitudes and make the best use of their short holiday. This special package also comprising **Paragliding** provides you a lifetime experience to feel like a bird and have an ultimate escape into the world of paradise.

Dhampus, a beautiful Gurung village in the [Annapurna region](https://www.marveladventure.com/annapurna-trekking) (<https://www.marveladventure.com/annapurna-trekking>) is a few hours hike from Phedi, which in itself is about half an hour drive from Pokhara. This picturesque small village is the gateway to many trekking trails in the Annapurna region. One can enjoy the stunning close-up view of the Annapurna range and many other mountains from **Dhampus**. The scenery gets even better when the sun goes down on the Himalayas. This naturally beautiful village is equally scintillating from the cultural and traditional point of view.

Sarangkot is another scenic village in the Kaski district swiftly gaining its recognition as a famous tourist destination. It is one of Nepal's best sunrise and sunset view point from where you can see glorious views of Mt. Annapurna, Mt. Dhaulagiri, Ganesh Himal, Mt. Manaslu, Mt. Machhapuchhre and the beautiful Pokhara city. With its gift of elevation, Sarangkot cranks the beauty up a notch. Hospitable, gracious and cheerful, the people of Sarangkot make travellers feel at home and help them enjoy to the fullest.

After relishing the splendid sunrise view in Sarangkot, we hang around there for our turn to enjoy the **adventure of paragliding** from this magnificent place. The 30 to 45 minute flight is a great way to have a bird eye view of the beautiful Pokhara and the nearby hills. The scene of ever sparkling mountains and crystal clear lakes as seen whilst paragliding is simple jaw-dropping. The paragliding will take us to Pokhara valley near to the Phewa Lake. The short yet exciting trip wraps up with fascinating sightseeing tour of Pokhara, beholding some of its



beautiful lakes, caves, monuments and some other famed landmarks.

You may also like to read:

- [Ghorepani Poonhill Trek \(https://www.marveladventure.com/ghorepani-poonhill-trek\)](https://www.marveladventure.com/ghorepani-poonhill-trek)
- [Mardi Himal Trek \(https://www.marveladventure.com/mardi-himal-trek\)](https://www.marveladventure.com/mardi-himal-trek)
- [Jomsom Muktinath Trek \(https://www.marveladventure.com/jomsom-muktinath-trek\)](https://www.marveladventure.com/jomsom-muktinath-trek)

Day to Day Itinerary

Day 01: Drive to Pokhara

Day 02: Drive to Phedi and Trek to Dhampus

Day 03: Trek to Sarangkot

Day 04: Paragliding to Pokhara & Half-day Pokhara Sightseeing

Day 05: Drive back to Kathmandu

Cost Includes

- Guided Pokhara sightseeing tour
- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Salary, food, accommodation and insurance for guide
- Tea house/lodge accommodation during the trek
- All land transportation
- Paragliding charge
- Two nights standard Hotel in Pokhara

- Comprehensive first aid kit
- Government taxes and official expenses

Cost Excludes

- International Airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- Lunch and dinner whilst in Kathmandu and Pokhara
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide (Tipping is expected)