



10 Days Budget Manaslu Circuit Trek

Facts

Destination: Nepal

Trip Difficulty: Strenuous

Trip Style: Lodge to Lodge Trek

Transport: Private Vehicle / Tourist Bus

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Teahouses + Lodges

Group Size: 2-20 PAX

Max Elevation: 5,213 meters





Marvel Adventure's 10 Days Budget Manaslu Circuit Trek is a remarkable budget-friendly trekking adventure of the Himalayas. This classical exploration of the **west-central region** in the Himalayan region takes you on a circumnavigating journey across remote and isolated trails at the foothills of the eighth highest 8,000-meter class mountain in the world, **Mt. Manaslu [8,156 meters/ 26,759 feet]**.

This magnificent journey across the protected areas of both the Manaslu and Annapurna regions introduces you to the **rich biodiversity** of endangered Himalayan flora and fauna. At the same time, you will also get the opportunity to experience a culturally enthralling trail across the charming high Himalayan settlements with fascinating lifestyles and traditions.

Our Budget Manaslu Circuit Trek guarantees an unforgettable Himalayan exploration without breaking the bank. Just because this trip is cost-efficient it doesn't mean that the integrity of the services is not par with other trekking packages.

The value-added experiences and satisfaction of our guests are the top priority of the [Marvel Adventure \(https://www.marveladventure.com/contact-us\)](https://www.marveladventure.com/contact-us) . We have just optimized this exhilarating trekking route to an optimum level without distorting the true essence of the experience.

Best Time for Trek



Both **spring and autumn** are known to be the best time for Budget Manaslu Circuit Trek. If you are looking for an ultimate experience, both of these peak seasons are the most suitable



time periods. The mild temperatures and stable climatic conditions of both of these seasons offer you the optimum setting to relish your Himalayan exploration truly.

Spring season in [Nepal \(https://www.marveladventure.com/nepal\)](https://www.marveladventure.com/nepal) welcomes the stunning trails with blooming wildflowers and dotted rhododendron flowers. Trekking across the lush-diverse landscapes and enjoying the clear views of the Himalayan vistas makes the trek a remarkable experience during this season.

The temperature of the lower Manaslu region in the spring season is around **10°C to 31°C** at the lower trekking trails. But, it can drop upto **-6°C** at high altitudes.

Likely, autumn, another candidate for the Manaslu Circuit best time, offers enthralling trekking trails with diverse shades of the fall season. The crisp air, unobstructed views of Himalayan peaks, mild temperature, stable weather, and cultural prospects of the harvest season are some of the highlights of budget Manaslu Circuit Trek this season.

The temperature of the lower trekking region in [Manaslu region \(https://www.marveladventure.com/people-and-culture-of-manaslu-region\)](https://www.marveladventure.com/people-and-culture-of-manaslu-region) hovers around **13°C to 25°C**. It can drop upto **-2°C** during the early morning and night.

Highlights

- An unforgettable Himalayan journey to the base of the 8,000-meter class mountain, Mt. Manaslu
- Trekking across the protected areas of [Annapurna Conservation Area \(https://dnpwc.gov.np/en/conservation-area-detail/68/\)](https://dnpwc.gov.np/en/conservation-area-detail/68/) and Manaslu Conservation Area
- Opportunity to witness the endangered high Himalayan wildlife like red panda, snow leopard, grey wolf, Himalayan tahr, red-headed vulture, river lapwing, Himalayan griffon, etc



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- Trekking over the intriguing Himalayan pass, Larke La Pass (5,213 meters)
 - Magical views of the Himalayan pristine peaks like Ganesh Himal, Manaslu, Shringi Himal, Himalchuli, Peak 29, and Annapurna II
 - Exploring charming villages of Brahmin, Chhetri, Newar, Magar, Gurung, and Sherpa along the trekking route

Day to Day Itinerary

Day 01: Drive from Kathmandu [1,400 meters/ 4,593 feet] to Machha Khola [900 meters/ 2,952 feet]

Day 02: Trek Machha Khola to Jagat [1,410 meters/ 4,625 feet]

Day 03: Trek Jagat to Deng [1,804 meters/ 5,918 feet]

Day 04: Trek Deng to Namrung [2,630 meters/ 8,628 feet]

Day 05: Trek Namrung to Samagaun [3,530 meters/ 11,581 feet]

Day 06: Trek Samagaun to Samdo [3,800 meters/ 12,467 feet]

Day 07: Trek Samdo to Dharamshala [4,460 meters/ 14,632 feet]

Day 08: Trek Dharmasala to Bhimtang [3,720 meters/ 12,204 feet] via Larke La Pass [5,213 meters/ 17,103 feet]

Day 09: Trek Bhimthang to Dharapani [1,860 meters/ 6,102 feet]

Day 10: Drive from Dharapani to Kathmandu [1,400 meters/ 4,593 feet] or Pokhara [823 meters/ 2,700 feet]

Cost Includes

- Airport pick up and drop service
- Standard meals (breakfast, lunch and dinner) during the trek
- Government-authorized experienced trekking guide



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- Salary, food, accommodation and insurance for the guide
 - Tea house/lodge accommodation during the trek
 - Fresh fruits every night after dinner
 - All land transportation as per itinerary
 - TIMS (Trekking Information Management System) card
 - ACAP and MCAP entry permits
 - Special restricted area Manaslu permit
 - Comprehensive first aid kit with oximeter to measure your oxygen level daily
 - All government taxes and official expenses

Cost Excludes

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- Porter for the trek (Can be provided at an additional cost of USD 200)
- All the expenses of a personal nature
- Any kind of drinks and desserts during the trek
- Tips to guide (Tipping is expected)