

# **Budget Everest Base Camp Trek**

#### **Facts**

**Destination:** Nepal

Trip Difficulty: Moderate

Trip Style: Lodge to Lodge Trek

Transport: Private Vehicle / Aeroplane

Food: Breakfast + Lunch + Dinner

**Accommodation:** Hotel + Teahouses + Lodges

Group Size: 2 or more

Max Elevation: 5545 meter

Everest Base Camp Trek is a highly recommended trek, and it is crucial to plan thoroughly before embarking on it. Choose the Marvel Adventures package Budget Everest Base Camp Trek for the risk-free outdoor adventure activity offered with first-rate accommodation at the most affordable prices.

The route to Everest includes many ascents and descents on an icy and treacherous trail, passing by snow-capped mountains, hanging bridges, raging rivers, deep forests, and waterfalls. You can expect a lot of difficulty in this trek. But after a long walk of patience and determination, you reach the peak at Kalapathar and take in the heavenly beauty of the Himalayan. The feeling is indescribable.

As you hike from Lukla to the Base Camp, the classic route retraces the steps of Sir Edmund Hillary, Tenzing Norgay, and the numerous other early climbers of Mount Everest.



Given that you are on a **teahouse trek**, you'll stay in some of the world's highest settlements and learn about the Sherpa people's customs and local culture as you explore their religious connection with the Himalayas. Along the way, there are several **Buddhist monasteries** that you may explore to learn more about this religion's rich history and traditions and how closely it is related to the mountains you will be seeing.

The best months to hike to Mount Everest Base Camp are **Autumn - October through November** or **Spring - March through May.** Although going during the winter is not suggested for beginner and intermediate trekkers, the majority of operators offer EBC treks from August through May. With typical daily temperatures of about **10 degrees Celsius** at lower elevations and near freezing at higher elevations, spring and fall give the finest climatic conditions for trekking.

Your attention will be captivated by the spectacular locations of the Khumbu area, from mountains to Sherpa villages and from glacial rivers to alpine woods, if you choose an <a href="Everest Base Camp Trekking">Everest Base Camp Trekking (https://www.marveladventure.com/everest-base-camptrekking)</a> package for your trekking holiday in <a href="Nepal">Nepal</a> (<a href="https://www.marveladventure.com/nepal-at-a-glance">https://www.marveladventure.com/nepal-at-a-glance</a>). Choose our package Budget Everest Base Camp Trek for risk-free outdoor adventure activity offered with first-rate accommodation at the most affordable prices. Make your journey a captivating trekking vacation in Nepal with us.

## **Highlights**





**Things You Can Experience During the Trip** 



- The Everest Base Camp Trek is the base of the world's highest Mount Everest.
- The panoramic views from Kalapathar of the world's tallest mountains over 8,000 meters, including Mount Everest, Lhotse, Nuptse, and other majestic peaks
- Beautiful views of mountains and sunrise from the vantage point of Kala Pathar
- Tengboche Monastery is another important highlight of the region
- The Khumbu Glacier and Ngozumpa Glacier, the biggest and longest glaciers in Nepal
- The three great high passes of Everest: Kongma La, Cho La, and Renjo La
- Hillary Museum is a must-visit site for the Everest base camp trek
- Namche Bazaar also known as the Sherpa capital the gateway of the Everest Region
- Another major highlight of the Everest Base Camp Trek is Sagarmatha National Park,
  listed as a UNESCO world heritage site
- The traditional mountain Sherpa villages and the unique culture of the local people

## Day to Day Itinerary

Day 001: A brief flight to Lukla followed by a trek to Phakding

Day 002: Trek to Namche Bazaar

Day 003: Acclimatization Day at Namche Bazaar

Day 004: Trek to Tengboche

Day 005: Trek to Dingboche

Day 006: Trek to Lobuche

Day 007: Trek to Gorak Shep, then to EBC & back to Gorak Shep

Day 008: Hike up to Kala Pattar and trek to Periche

Day 09: Trek to Namche Bazaar



Day 10: Namche to Lukla

Day 11: Fly back to Kathmandu

#### **Cost Includes**

- Airport pick-up and drop by private vehicle
- All Domestic flights and airport tax as listed in the itinerary
- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Salary, food, accommodation and insurance for guide
- Tea house/lodge accommodation during the trek
- TIMS (Trekking Information Management System) card
- Sagarmatha National Park entry permit
- Pasang Lhamu Rural Municipality entry permit
- Comprehensive first aid kit with oximeter
- Government taxes and official expenses

## **Cost Excludes**

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips to guide and porter (Tipping is expected)