



12 Days Annapurna Circuit Trek

Facts

Destination: Nepal

Trip Difficulty: Moderate

Trip Style: Lodge to Lodge Trek

Transport: Private Vehicle / Tourist Bus

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Teahouses + Lodges

Group Size: 2+

Max Elevation: 5416m



Annapurna Circuit Trek is one of the most popular Himalayan trekking adventures in the world and the **second-mainstream trekking** adventure in Nepal. This classical trekking



expedition in the north-central part of the Himalayas circumnavigates the surrounding region of the tenth-highest mountain in the world, Mt Annapurna [8,091 meters/ 26,545 feet]. The Annapurna trekking route **officially opened in 1980**, and since then, this exciting Himalayan adventure has climbed its way to the top chart of outdoor adventures and is a beloved destination for trekking enthusiasts all over the world.

This mainstream trekking route in the Himalayas offers an amazing opportunity to explore the rich cultural trails of the region with diverse ethnic groups, naturally blessed landscapes, fascinating bio-diversity of the [Annapurna Conservation Area](https://dnpwc.gov.np/en/conservation-area-detail/68/) (<https://dnpwc.gov.np/en/conservation-area-detail/68/>), and the significant religious landmarks that sum up an enthralling trekking experience. So, if you are wondering where to start your trekking journey, trekking at Annapurna Circuit might be the best way to build up your Himalayan prospects.

Highlights

- Exploration of the foothills of the tenth tallest mountain in the world, Mt Annapurna [8,091 meters/ 26,545 feet]
- Traversing across the scenic landscapes from lush forested areas to high alpine meadows and the glacial moraines
- Picturesque views of the Himalayan massifs like Dhaulagiri, Manaslu, Annapurna, Gangapurna, Tilicho, Chulu, and other adjacent peak
- Trekking over the intriguing high Himalayan pass, Thorong La Pass
- Muktinath Temple; a significant holy site of the Buddhist and Hindu religions
- The natural hot spring of Tatopani with healing properties
- Rich cultural trail, an opportunity to explore the traditions and lifestyle of the Magar, Gurung, and Tamang ethnic group

Day to Day Itinerary

Day 01: Drive from Kathmandu to Ngadi

Day 02: Trek to Jagat

Day 03: Jagat to Dharapani

Day 04: Trekking from Dharapani to Chame

Day 05: Chame to Lower Pisang trek

Day 06: Lower Pisang to Manang

Day 07: Acclimatization day at Manang

Day 08: Trekking from Manang to Yak Kharka

Day 09: Yak Kharka to Thorong Phedi

Day 10: Thorong Phedi to Thorong La Pass to Muktinath

Day 11: Drive to Tatopani

Day 12: Drive to Pokhara from Tatopani

Cost Includes

- Airport pickup and drop by private vehicle
- Nutritious standard meals (breakfast, lunch, and dinner) throughout the journey.
- A licensed guide with a proper understanding of the area
- A robust and supportive porter, equipped adequately (1 porter per 2 individuals).
- Full coverage for guide and porter expenses, including salary, food, accommodation, and insurance.
- Comfortable tea house/lodge accommodations during the trek.
- All-encompassing land transportation for seamless travel.
- Inclusion of TIMS (Trekking Information Management System) card for your trek.
- ACAP (Annapurna Conservation Area Project) entry permit for environmental



conservation.

- One night stay in a standard hotel in Pokhara on a BB basis
- Access to a comprehensive first aid kit for any unforeseen circumstances.
- Inclusive of government taxes and official expenses.

Cost Excludes

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of a personal nature
- Any kind of drinks and desserts during the trek
- Tips for guide and porter (Tipping is expected)