

5 Days Everest Base Camp Trek

Facts

Destination: Nepal

Trip Difficulty: Easy

Trip Style: Lodge to Lodge Trek

Transport: Aeroplane + Helicopter

Food: Breakfast + Lunch + Dinner

Accommodation: Hotel + Teahouses + Lodges

Group Size: 2-10 pax

Max Elevation: 5,555m



Why trek for two weeks when you can reach Everest Base Camp Trek in 5 Days? Yes, Everest Base Camp Trek 5 Days is a smart way to explore the base camp of Mt Everest.

Like every [EBC trek \(https://www.marveladventure.com/everest-base-camp-trekking\)](https://www.marveladventure.com/everest-base-camp-trekking) itinerary, this trip begins with a scenic flight to Lukla. It continues to Phakding and Namche Bazaar on the first and second day, respectively. As it reaches Namche Bazaar, the trekking



part of this trek finishes.

Here onwards, the trip is on a helicopter. Namche Bazaar to Kala Patthar and Kala Patthar to Lukla in one day. And finally, with a flight back to Kathmandu, the trek completes. This is how a walk of 12 days becomes of mere five days.

Although it lasts only five days, the experience this outing gives is beyond expectations.



Firstly, you get to enjoy the **flight to Lukla**, one of the best flights in Nepal. Secondly, you trek through Lukla to Namche Bazaar, exploring Sherpa villages, people, and eternal nature.



As you go ahead, you explore Namche Bazaar and adjoining places on an acclimatization day. Likewise, you make an exciting helicopter journey above Everest Base Camp to Kala Patthar(5,555m).

By landing in Kala Patthar, you collect the best experiences from the foothills of Mt Everest. You see peaks like Lhotse, Nuptse, Numbur, and others from close range.

After all these beautiful moments, you fly back to Lukla from the base camp. And finally, the following day, you take one scenic flight back to Kathmandu and complete this trip.

See how many good experiences in one trip of just five days. Therefore, this trek is for time-bounded, beginner, and experience-seeking trekkers who want to reach Everest Base Camp. It takes you to the base camp by engaging in outstanding ventures.

What are you looking for?

Highlights

Major Highlights of Everest base camp trek 5 days

- Complete Everest Base Camp Trek in five days.
- Begin the trip by doing one of the most scenic flights in the world, the Kathmandu-Lukla Flight.
- Land in the Lukla and begin the beautiful and soul-soothing walk right away.
- Move across and above the Dudh Koshi River using colorful suspension bridges often.
- Step into Sagarmatha National Park and explore its diverse and rich greenery.
- Pass many Sherpa villages, Buddhist Monasteries, and Shrines along the way.
- Reach Namche Bazaar, an iconic Himalayan village, and experience its exuberant life

and ambiance.

- Fly to Kala Patthar and above Everest Base Camp on a helicopter and catch many amazing views.
- See the glaciers, terminal moraines, rivers, valleys, hills, and mountains.
- Return to Kathmandu just five days after exploring Everest Base Camp and the region.

Day to Day Itinerary

Day 01: Fly from Kathmandu to Lukla(2,850m) and Trek to Phakding(2,650m)

Day 02: Trek from Phakding to Namche Bazaar(3,400m)

Day 03: Acclimatization and Free Day in Namche Bazaar

Day 04: Helicopter Flight to Kala Patthar(5,555m)/ Everest Base Camp(5,364m) and Fly back to Lukla(2,850m)

Day 05: Fly back to Kathmandu from Lukla

Cost Includes

- Airport transfers
- Trekking permits and entry fees
- Accommodation and meals during the trek
- Experienced guide and porter services
- Trekking equipment (sleeping bag, down jacket, etc.)

Cost Excludes

- International flights and travel insurance
- Accommodation and meals in Kathmandu
- Personal expenses and tips



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- Additional activities or excursions not included in the itinerary
 - Emergency evacuation or medical expenses