

10 Day Everest Base Camp Trek

Facts

Destination: Nepal Trip Difficulty: Moderate Trip Style: Lodge to Lodge Trek Transport: Private Vehicle / Aeroplane Food: Breakfast + Lunch + Dinner Accommodation: Hotel + Teahouses + Lodges Group Size: 2-12 Max Elevation: 5,644.5 m (18,519 ft)





10-Day Everest Base Camp Trek is the quickest of all the Everest Base Camp Trek itineraries. It is the fastest of all ways to reach Everest Base Camp and return if we only talk about trekking.



The standard Everest Base Camp Trek (https://www.marveladventure.com/everest-basecamp-trek) is 12-16 days long. It is for novice and less experienced trekkers. However, we live in a world of many experienced and professional walkers. So, we require a shorter and more exciting Everest Base Camp Trek. That is where this plan pops up.

Everest Base Base Trek 10 Days is a rapid trek to Everest Base Camp and Kalapatthar. Although short in duration, the journey is always full of excitement, adventure, and attractiveness. We experience the exact sky-kissing mountains, lush vegetation, rich nature, and unique culture that we get on other plans.

The journey begins with a flight to Lukla. Landing in the <u>Everest Region</u> (https://www.marveladventure.com/everest-trekking), the journey progresses through Phakding, Namche, Tengboche, Dingboche, Lobuche, and Gorakshep to Everest Base Camp and Kala Patthar. Likewise, after the summit and visit, you return to Lukla through Pheriche, Tengboche, Namche, and Phakding.

All this while, you will be on the trip for just ten days. As said earlier, this plan has no rest days for acclimatization like other itineraries. Opting for this plan over others, you will save two days, which others spend for acclimatization. This plan is more exciting **for expert trekkers who feel 12 to 16 days are too long** for an Everest Base Camp trek.

Therefore, this great package of 10 days on the famous Everest Base Camp trail is a fantastic expedition. If you are masterful at trekking and have yet to go to Everest Base Camp, you should try this adventure more than anyone else.





Highlights

The Best Parts of 10 Day Everest Base Camp Trek

• Do one of the best mountain flights in the world to Lukla



- Land in the land of Sherpas at Lukla and begin the fantastic walk.
- Ramble through the sub-alpine woods of Sagarmatha National Park.
- Listen to the authentic healing sounds of the peaceful Khumbu Region.
- Pass by many picturesque local villages of Sherpas and their farm fields.
- Receive life-changing learnings from hardworking, happy, and humble people.
- Explore the region's rich natural diversity with luring landscapes and natural resources.
- Reach Everest Base Camp and Kala Patthar to catch views of Mt Everest, Lhotse, Makalu, Choyu, and more from a close range.
- Experience one of the best treks in the world in just ten days.
- Treasure many soul-fulfilling sunrises, sunsets, landscapes, and mountain views throughout the journey.
- Get to know strangers from many places and yourself better.
- Have one experience in the Everest Region and cherish it for a lifetime.

Day to Day Itinerary

- Day 01: Fly to Lukla(1,400m) and Trek to Phakding(2,610m)
- Day 02: Trek from Phakding to Namche Bazaar(3,400m)
- Day 03: Trek from Namche Bazaar to Tengboche(3,874m)
- Day 04: Trek from Tengboche to Dingboche
- Day 05: Trek from Dingboche to Lobuche
- Day 06: Trek from Lobuche to Gorakshep and Hike to Everest Base Camp(5,364m)
- Day 07: Morning hike to Kala Patthar and Trek to Pheriche
- Day 08: Trek from Pheriche to Namche
- Day 09: Trek from Namche to Lukla
- Day 10: Fly back to Kathmandu



Cost Includes

- Airport pick-up and drop by private vehicle
- All Domestic flights and airport tax as listed in the itinerary
- Standard meals (breakfast, lunch and dinner) during the trek
- Government license holder guide
- Strong and helpful porter with proper equipment (1 porter for 2 people)
- · Salary and insurance for guides and porters
- Food and accommodation for guides and porters
- Tea house/lodge accommodation during the trek
- TIMS (Trekking Information Management System) card
- Sagarmatha National Park entry permit
- Pasang Lhamu Rural Municipality entry permit
- Comprehensive first aid kit with oximeter
- Government taxes and official expenses

Cost Excludes

- International airfare and taxes
- Nepal entry visa fee
- Your Travel Insurance (compulsory)
- All the expenses of personal nature
- Any kind of drinks and desserts during the trek
- Tips to guide and porter (Tipping is expected)